

The Talent Monitor

Preparing Talent to Think, Behave, Communicate, Learn and Perform!

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Dear William,

If you are struggling with employee hiring and staff development concerns, we have the tools, systems and experience to turn management challenges into opportunities.

We seek an opportunity to serve you and are willing to complimentarily prove that we are more than capable to help you overcome your people challenges. To learn more about our programs and methodologies, take a moment to call 603.766.4935 or email me for more details about Re-Energizing your company.

STRATEGIC TALENT MANAGEMENT

William Maloney
Chief Talent Officer

High Performers - Part 7



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The essential qualities of solid High Performers Part 7. Over the last several months, we have discussed these important qualities of a solid performer:

- **PASSION** - desire to work and achieve

- **COMMITMENT** - dedication to see the work completed
- **RESILIENCY** - ability to bounce back from adversity
- **MOTIVATION** - ability to add the internal fuel to meet your commitments, even through difficult times.
- **SELFLESSNESS** - ability to serve a greater good.
- **COMMUNICATORS** The ability to share information and express emotions.

This month the focus a **Sense of Humor**.

"Good humor is a tonic for mind and body. It is the best antidote for anxiety, stress, and even depression. A business asset attracts and maintains friendly relationships with co-workers. It lightens human burdens. It is the direct route to serenity and contentment, when all chaos abounds." Greenville Kleisser (slightly modified by me)

High performers know that they cannot survive work stresses purely on their self-sacrifice by keeping their noses to the grid. They understand that is a shortcut to burn out. When humor evaporates from the work struggle, it depletes these important team ingredients of dedication, desire, and commitment. A good laugh is worth a pound of medicine. An interesting challenge is in understanding the best type of humor. Humor directed inward is always the safest; humor directed at the expense of others can kill the team spirit. No one enjoys being the butt of a joke. High Performers can get away with making fun of themselves or about an innocent issue because others look up to them. In addition, High Performers have a good sense of enjoyment and can find things to think about that makes them smile. A smile is a tremendous stress reducer and serves as a confidence booster for oneself and others. Another important benefit of humor is that it clears stuck brain cells. When you are struggling with a problem and the solution seems to elude you, humor proves to be a great antidote. The endorphins released energize the brain and opens the brain up to discover new possibilities. Do not underestimate the power a good laugh and a simple smile. I like to start every day with a story or joke that brings a smile to my face. Fortunately, I have an 85-year-old uncle that fills my email inbox with heartwarming stories, beautiful pictures, and something for a good belly laugh.

Remember, in times of distress, do what does not come naturally - use humor, and use it in a proper context and when all else fails just smile. It always makes others wonder.

Go bring a smile to someones face TODAY!



Thank You

those that follow my weekly Blog and take question survey.



Thank you to all part in my one-

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Bill's BLOG

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STM is a solution provider to ensure your talents are being maximized to their fullest potential. We provide a full range of assessments for business and staff development. Delivering beyond your expectations. If you've got a challenge...put our resources to the test.

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Quotes on Leadership

The brave person confronts fear and moves toward it. It then gets smaller. Unkown

Leaders instill in their people a hope for success and a belief in themselves. Positive leaders empower people to accomplish their goals. Unkown

If you do not look at things on a large scale, it will be difficult to master strategy. - Miyamoto Mursashi

Nothing limits achievement like small thinking. Nothing equals possibilities like unleashed thinking. - William Arthur Ward

What if you have failed in the past? So, at one time did every man we recognize as a towering success. They called it "temporary defeat." - Napoleon Hill



Quick Links...

- [Managing Employees](#)
- [Business Planning Tools](#)